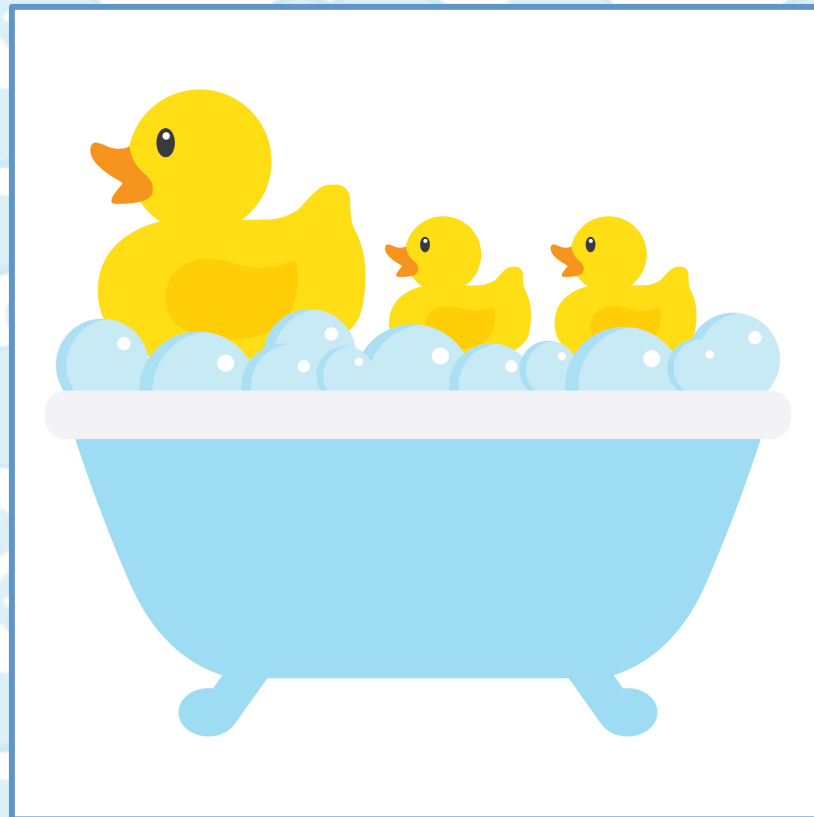


Bathtime



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Opportunities for Learning

Bathtime is a great opportunity to encourage speech & language development. When a child is in the bathtub, a parent can sit on the floor so they are at eye level. You can engage your child during play while working on both expressive and receptive language skills.

Expressive Language:

- New Vocabulary: water, bubbles, squeeze, look, open, soap, washcloth, towel, shampoo, sponge, etc.
- Descriptive words: hot, cold, clean, dirty, wet dry.
- Sequencing: first we get our hair wet, next we put on the shampoo, then we scrub our hair, lastly we rinse our hair.



Receptive Language:

- Questions: Ask “wh” questions, such as “Where is the sponge?” or “What is Daddy holding?”
- Follow Directions: Ask your child to follow one or two-step directions, such as “Put the rag on your head.”
- Functions: Ask your child “Which one do we use to wash our hair?”

Levels of Imitation

Encourage your child to imitate play, gestures, sounds and words.

Play

- Use a bath toy and make them swim.
- Use a cup to scoop up water and dump out.
- Put a washrag on your face and play peek-a-boo.

Gestures

- Wave bye-bye to bath toys when you take out & put away.
- Sing "Row Row Row Your Boat" while moving your hands through the water.

Sounds & Words

- Use words such as wow, whoa, whee, zoom etc.
- Use words such as: in, out, on, off, up, down.
- Sing songs and let your child fill in the blanks.



Let's Start Talking



Here are some simple techniques to incorporate into playtime with your toddler. They will encourage the use of sounds, imitation and can help expand your child's utterances.

Self-Talk

Talk aloud about what you are doing and how you are feeling.

- It's time for mommy to take a shower!
- I am going to grab a towel and start the bath water.
- Daddy is going to go take a shower now!
- I am going to wash my hair and scrub my body.

Parallel Talk

Describe what your child is doing as they are doing it.

- You are getting ready to take a bath!
- You are getting undressed and getting in the bathtub.
- You splashed in the water!
- Uh-oh, you got daddy wet.
- You are washing your hair, scrub..scrub...scrub!

Modeling

Repeat what your toddler says. When you repeat the utterance, it provides the child feedback and encourages them to learn turn-taking during conversation.

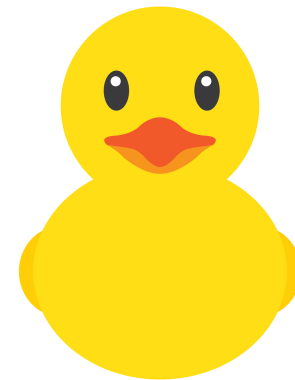
- When your child says "bath", repeat it.
"Bath!"
- When your child says "bubble", repeat it.
"Bubble!"

Expansion

Expand on what your child has said by restating in a longer sentence.

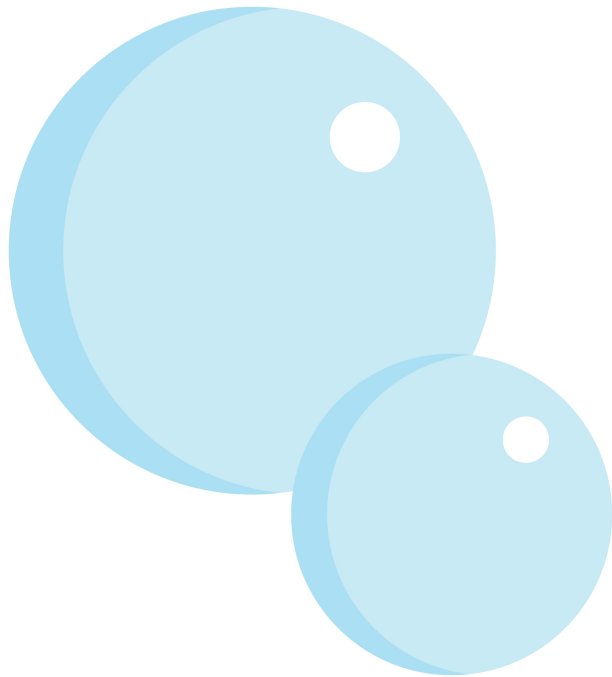
Add one word to their current utterance. If your child uses one word, expand it to a two-word phrase.

- If your child says “bath”, you would say, “bath time”.
- If your child says “big bubble”, you would say “pop big bubble”.
- If your child says “want bath toys”, you would say “I want bath toys”.



Routines

Try to create a script for daily routines and activities. Repeating the same words or phrases every time you complete a routine task will provide frequent opportunities to practice new vocabulary.



Bathtime is a great opportunity to use script therapy by repeating the same phrases and songs.

- Chanting short phrases such as: “Let’s take a bath”
- Sing Sesame Street’s “Rubber Ducky”
- Label body parts
- Sing “Head, Shoulders Knees and Toes”
- Clean up bath toys and dirty clothes.

Music & Videos

Sesame Street: Ernie and his Rubber Ducky

- Ernie is using self-talk during bath time.
- <https://youtu.be/Mh85R-S-dh8>

Super Simple Songs: The Bath Song

- A cute song that labels body parts during bath time.
- <https://youtu.be/HVYXHMY7wvo>

Crafts



HOMEMADE Bath Paint



only 2
ingredients

[https://
www.onebeautifulho
meblog.com/wp-
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Bath-Paint-only-2-
ingredients.jpg](https://www.onebeautifulhomeblog.com/wp-content/uploads/2015/02/Homemade-Bath-Paint-only-2-ingredients.jpg)

Crafts are a fun
way to engage
children and
encourage imitation.